

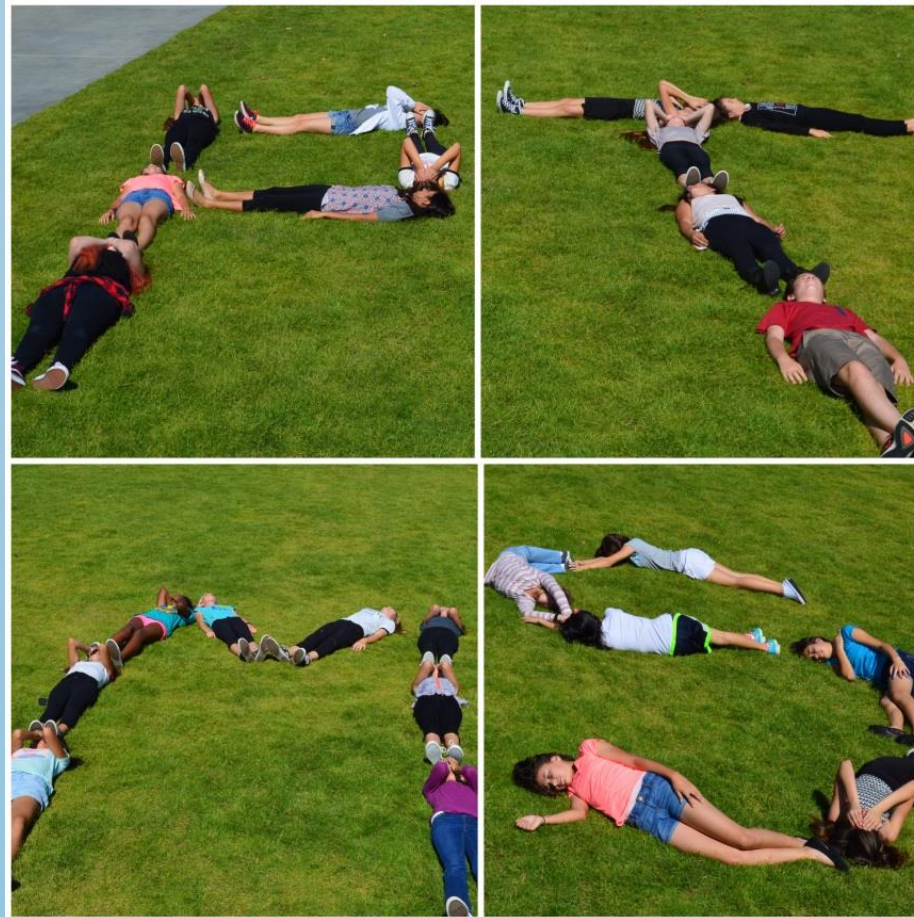
PACIFIC TRAILS

WELCOME TO PARENT INFORMATION NIGHT!



PACIFIC TRAILS

Home of the Wolf Pack



Together, we ignite the joy of learning to inspire confident, curious and creative global citizens.

Contacts

Principal: Mary Anne Nuskin

maryanne.nuskin@sduhsd.net

Counselor: Lisa Curry

lisa.curry@sduhsd.net

Principal's Secretary: Vetha Pierce

vetha.pierce@sduhsd.net

Registrar/Counseling Secretary: Mona Healy

mona.healy@sduhsd.net

Website: pt.sduhsd.net

Phone Number: 858-509-1000



Keeping You Informed



**This presentation will be posted on our website*

Electronic Contact

- Email and phone communication: (858) 509-1000
- Website: **pt.sduhsd.net**
- Parent Portal gives access to current student progress via the internet
- Weekly Friday Emails and Texts (we use contact info entered in Aeries)
- PTMS Facebook and Twitter (school culture, classroom activities & facility updates)

Printed Material

- All students receive a free Student Agenda

Events

- New Student/Parent Orientation on August 13th at 3:45pm
- Back to School Night – September 8, 2020
- PTSA meetings and monthly report
- Coffee with the principal



Bell Schedule



-
- School hours:
School Begins at 8:20 a.m. and ends at 2:50 p.m.
Late Start Mondays (2 times/month school starts at 9:50)
 - Class schedule:
 - Mondays - single period days
 - Single periods are approximately 45 minutes
 - Tuesday through Friday are block period days.
 - Block periods are approximately 95 minutes
 - Homeroom:
 - Every day for 35 minutes before lunch.
 - Student Announcements/video announcements
 - Enrichment opportunities
 - Community building (restorative practices)
 - Wellness activities
 - Homework, peer-tutoring, academic support



School Hours and Schedule

8:20 a.m. to 2:50 p.m.



Monday (Single Periods)	Tuesday (1, 3, 5 Block)	Wednesday (2, 4, 6 Block)	Thursday (1, 3, 5 Block)	Friday (2, 4, 6 Block)
Period 1	Period 1	Period 2	Period 1	Period 2
Period 2				
Period 3	Period 3	Period 4	Period 3	Period 4
Period 4				
Homeroom	Homeroom	Homeroom	Homeroom	Homeroom
Lunch	Lunch	Lunch	LUNCH	LUNCH
Period 5	Period 5	Period 6	Period 5	Period 6
Period 6				

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Flexible Schedule Option Zero Period

- 7:20 Start Time
- Students take periods 0-5
- Dismissal time varies
- Zero period will be offered based on student interest and teacher availability



Zero Period Option



Period	Monday Single Periods 0-5	Tuesday Block 0,1, 3, 5	Wednesday Block 0,2, 4	Thursday Block 0,1, 3, 5	Friday Block 0, 2, 4,
0	7:20 – 8:15	7:20 – 8:15	7:20 – 8:15	7:20 – 8:15	7:20 – 8:15
1	8:20 – 9:10	8:20 -10:00		8:20 – 10:00	
2	9:15 – 10:00		8:20 – 10:00		8:20 – 10:00
3	10:15– 11:00	10:15-11:50		10:15 – 11:50	
4	11:05- 11:50		10:15 –11:50		10:15 – 11:50
Homeroom	11:55-12:30	11:55-12:30	11:55-12:30	11:55-12:30	11:55-12:30
Lunch	12:30-1:05	12:30-1:05	Optional lunch 12:30-1:05	12:30-1:05	Optional lunch 12:30-1:05
5	1:10 – 2:00	1:10 – 2:50		1:10 – 2:50	
6	Off	Off	Off	Off	Off

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at a glance.....

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What does a typical 7th grade schedule look like?

Students will have a class schedule that consists of 6 courses in the following subject areas:

1. English
2. Math
3. World History
4. 7th Grade Science
5. Physical Education
6. Elective



PTMS English Course Options



Course

CRITERIA TO CONSIDER WHEN MAKING YOUR DECISION

College Prep English 7

- Grade level college prep course that meets the needs of the majority of students.
- Prepares students for high school English

English 7 Honors

- Grade level college prep course (advanced level) that provides a faster-paced, more in-depth, and challenging course of study
- SBAC score of Standard Exceeded in ELA

Visit PTMS website and review [course descriptions](#)



How to Decide?



Please take the time to review the following descriptions with your student to make an informed decision about placement:

College Preparatory English

- ◇ Appreciates a moderate pace that allows for review.
- ◇ Does writing assignments when assigned in class.
- ◇ May take notes on a consistent basis in the classroom.
- ◇ Has emerging organizational skills.
- ◇ Talks casually about literature and stories outside of the classroom.
- ◇ Reads outside of school with the prompting of a parent.
- ◇ Enjoys teacher-facilitated discussion in the classroom.
- ◇ Is a directed learner who finds joy in exploring literature inside of the classroom.

Honors English

- ◇ Appreciates an accelerated pace and workload in and outside the classroom.
- ◇ Writes poetry and stories in their free time as a form of recreation.
- ◇ Understands how to take notes and follow directions without prompting.
- ◇ Has well-developed organizational skills.
- ◇ Talks analytically about literature and stories outside of the classroom.
- ◇ Reads for enjoyment often outside of school.
- ◇ Enjoys leading discussions within the classroom.
- ◇ Is a self-directed learner who finds joy in exploring more outside of the classroom.



Math



Math Diagnostic Testing Project **(MDTP – All Students):**

- The assessment will help us determine whether students are ready for grade-level math. Students will take this assessment in their 6th grade class during the months of March or April.
- Approximately 45 minutes timed test
- 40 questions

Integrated Math B Honors Readiness Test **(IMBHRT - Optional):**

- Grade skip (8th grade honors curriculum)
- **Must pass** with a 70% or higher



PTMS Math Courses

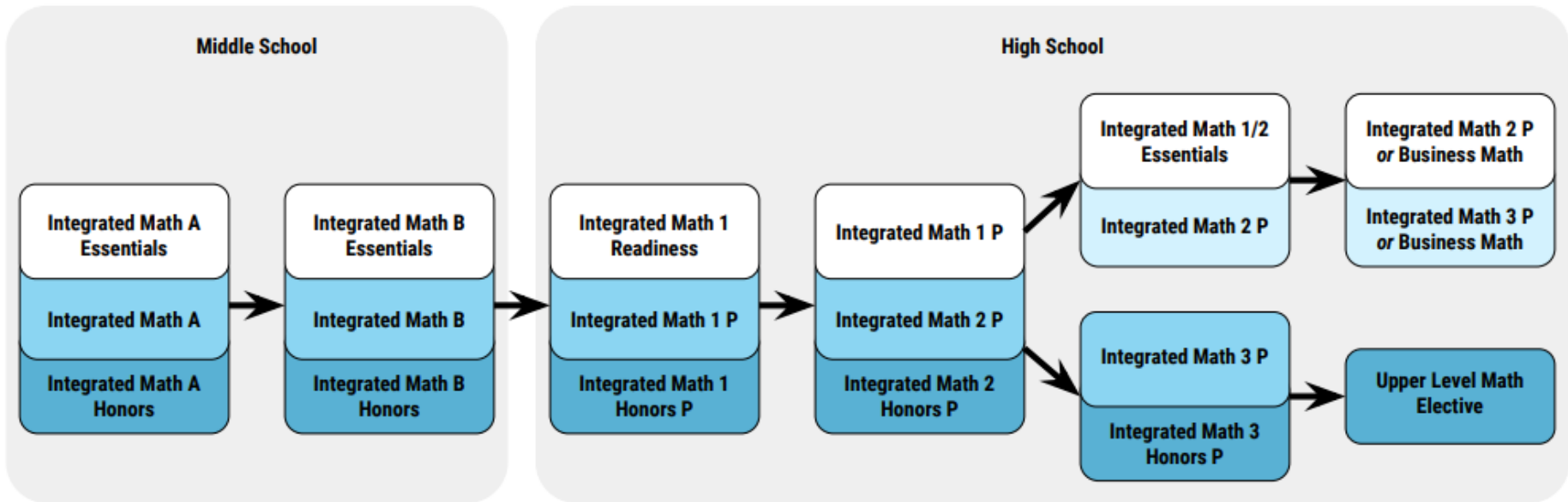


Course	CRITERIA GUIDELINES FOR RECOMMENDING...
Integrated Math A Essentials	<ul style="list-style-type: none">• Below grade level remedial course• Incorporates web-based and individualized math practice• Math diagnostic test scores of 44% and below will be evaluated by our staff for placement recommendations
Integrated Math A	<ul style="list-style-type: none">• Strong grade level course that meets the needs of the majority of students• Grade level college prep course• Math diagnostic test score between 45% and 89%
Integrated Math A Honors	<ul style="list-style-type: none">• Grade level course (advanced level)• Challenging course of study for students who excel in math• Student thrives in and embraces more rigorous curriculum• Standard Exceeded on SBAC• Math diagnostic test score of 90% and above
Integrated Math B Honors	<ul style="list-style-type: none">• 8th grade honors course• Students have the opportunity to take the SDUHSD Integrated Math Readiness Test and <u>must pass</u> with a 70% or better to be eligible for this course as a 7th grader.

District Math Pathways

Revised 1/9/2020

SDUHSD Math Pathway and Placement



Optional Course Level Change

The following level changes require students to complete additional coursework and pass an exam prior to the next course.

- Integrated Math A Essentials level change to Integrated Math B
- Integrated Math B Essentials level change to Integrated Math 1 P
- Integrated Math 1 P level change to Integrated Math 2 Honors P
- Integrated Math 2 P level change to Integrated Math 3 Honors P
- Integrated Math 3 P level change to AP Calculus AB

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PHYSICAL EDUCATION

[Check out more PE photos on](#)



Instagram



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Physical Education (PE)

- PE is coed
- School PE uniform or athletic attire is required
- Lockers are assigned to each student
- Curriculum includes Social Emotional Learning - Second Step
- Heart rate monitors included in the PE program
- **Curriculum Options Include:** pickle ball – dance - street hockey – soccer - flag football - team handball - large group recreational activities – volleyball - yoga stretches – frisbee - interclass competitions - basketball - Fitness 15 - California state mandated fitness testing

Independent Study P.E.

What is ISPE?

- Designed for high ranking athletes who compete as an individual at the regional, state, and/or national level in specified sports.
- An independent study course requiring personal accountability and maturity.
- The direct instruction requirement must meet or exceed 400 minutes every 10 school days/2 weeks (State of California P.E. statute)
- **ISPE is year-long class in SDUHSD middle schools**

Visit sduhsd.net for more information

[Application window February 10 - April 3, 2020](#)

** Music students may take ISPE as a 7th class and choose a second elective.*

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PTMS Electives

Band (*Music Intent Form required*)

Orchestra (*Music Intent Form required*)

Yearbook (*Yearbook Application required*)

Leadership (*ASB Application required*)

Vocal Performance

Arts Explorations

STEM Explorations

Spanish 1

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Band



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Orchestra



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Vocal Performance



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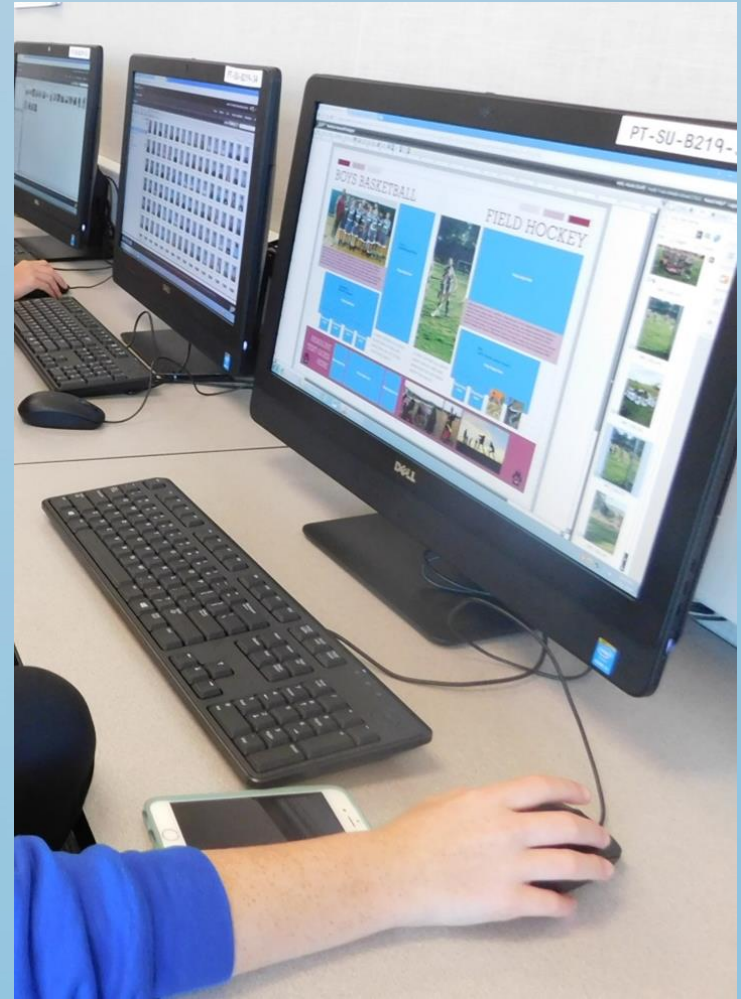
Music Information

- No experience necessary for music classes
- Arts Festival performances
- Concert performances
- Field Trips
- Friendship, team spirit, and fun!
- February 27 @ 3:30pm - Instrument trial with Mr. Johnson and Bertrands Music in PTMS Music Room

**Only Band & Orchestra students are eligible for a second elective IF approved for ISPE*

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Yearbook



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Leadership (ASB)



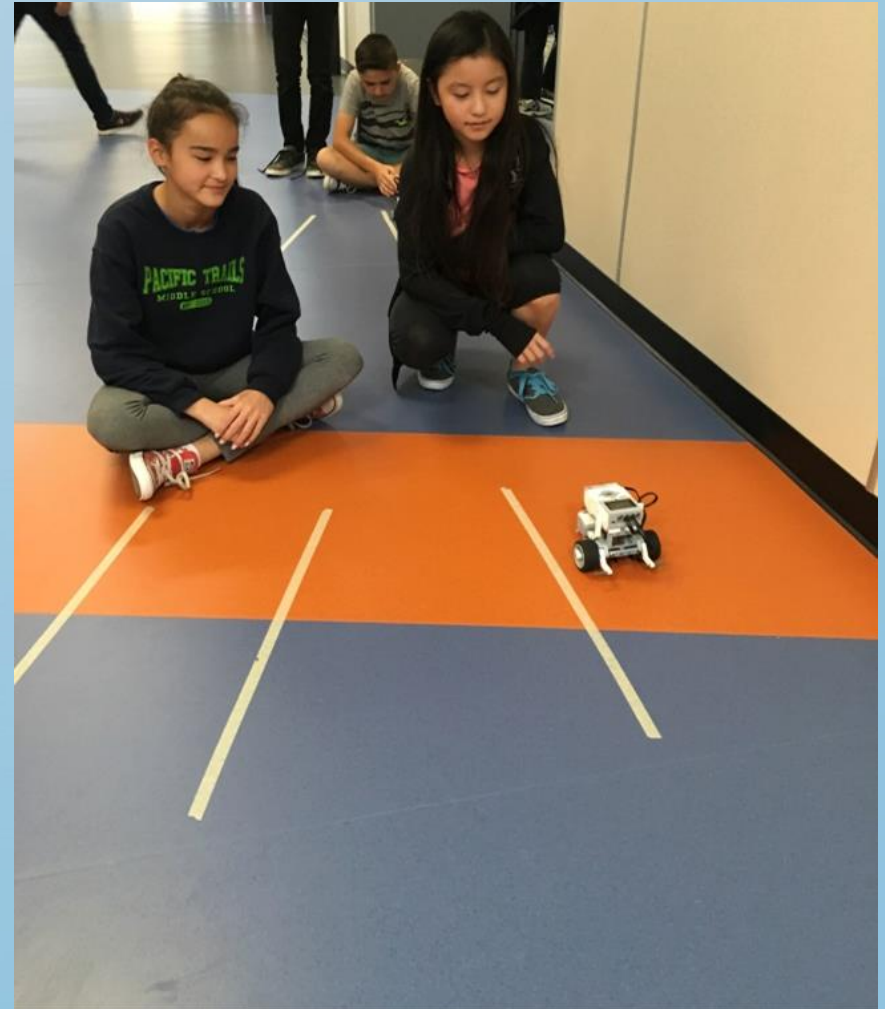
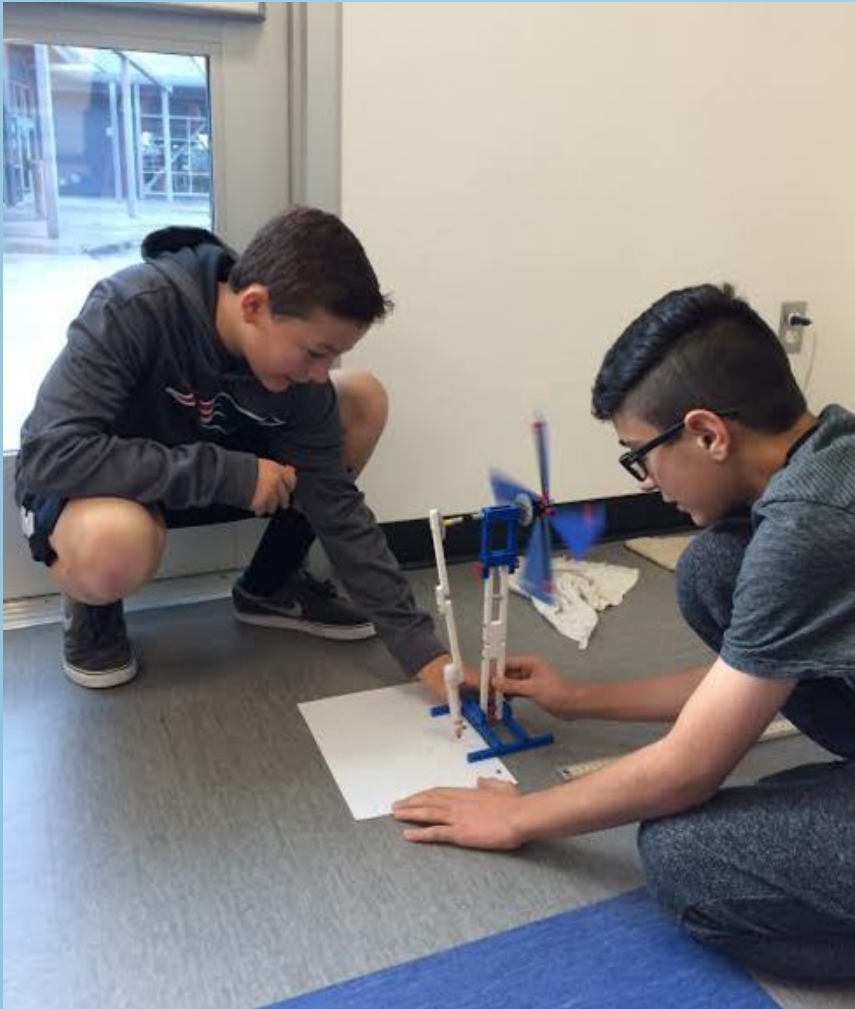
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Arts Explorations



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STEM Explorations



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Academic Support

After School Homework Club: 3-3:30 two days/week

Math Mornings: 7:45-8:15 two days/week

Learning Commons: Open every day 7:30-3:30

Technology Access

Homeroom

Math Lab: Math Peer Tutoring Support

Reading Lab: Reading Intervention

Organization Group

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Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Hot Dog</p>	 <p>Frito Chili Casserole</p>	 <p>Chicken & Waffles</p>	 <p>Dieguito Burrito</p>	 <p>Panini (Chicken or Cheese)</p>
 <p>Chicken Sandwich (spicy or plain)</p>	 <p>Cheesy Bread</p>	 <p>Cheeseburger</p>	 <p>RibBO Sandwich</p>	 <p>Orange Chicken Bowl</p>
 <p>Wrap (chicken or cheese)</p>	 <p>Chicken Caesar Salad</p>	 <p>Turkey on Ciabatta</p>	 <p>Chicken Caesar Salad</p>	 <p>Turkey on Ciabatta</p>
	 <p>Sushi (Tuesdays)</p>		 <p>Pickup Stix (Thursdays)</p>	
	 <p>Peanut Butter & Jelly</p>	 <p>Yogurt Parfait</p>	 <p>Domino's Pizza (pepperoni or cheese)</p>	 <p>Hummus Pack</p>

EVERYDAY

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Boys and Girls Club Sports

All sports are organized by the [Boys & Girls Club](#)

FALL

Sl

- Flag Football
- Girls Volleyball
- Cross Country
- Golf

WINTER

- Girls Field Hockey
- Wrestling
- Boys Basketball

- Girls Basketball
- Girls & Boys Soccer
- Track & Field

Other sports and activities are offered through the community.

SDUHSD Enrollment

- [SDUHSD Welcome Letter](#)
- All current 6th grade students will need to submit online enrollment for their designated boundary school of attendance.
- Your student's designated boundary school is based on where you reside, not on which elementary school your student attends.
- The deadline to submit online enrollment is **February 21, 2020**. Not submitting online enrollment by this deadline will delay the enrollment process and online course selection.
- Your confirmation page and required supporting materials will need to be printed, signed, and submitted to your boundary middle school by **February 28th**. ***Drop off at PTMS as early as 2/13.*

Intradistrict Transfer FAQ's

Q: How do I apply for an Intradistrict Transfer?

A: Apply online at www.sduhsd.net

Q: When is the window to apply?

A: February 3 – February 21, 2020

Q: When do I find out if my transfer is approved?

A: Typically within a few weeks after the window closes

Q: How do I locate my boundary school?

A: Check the [boundary locator](#)

Moving From Out of District/ Private Elementary School

Q: How do I register for PTMS?

A: Complete the SDUHSD enrollment process (see the SDUHSD welcome letter)

Q: Since my child does not attend a feeder elementary school, how does my child take the math diagnostic test (MDTP)?

A: Visit the [PTMS website](#) for more information and sign up for a testing session

Completing the Course Selection Process

Course selection contracts are due to 6th grade teachers March 20th

Step 1

Complete the 7th Grade Course Selection Contract.

Step 2

Complete online course selection process through Aeries Portal 3/9-3/20. (See *instructions on back of Course Selection Contract*)

Step 3

Submit to 6th grade teacher by March 20th



English and Math Selection



PACIFIC TRAILS MIDDLE SCHOOL 7th GRADE COURSE SELECTION CONTRACT

NAME (LAST) _____ (FIRST) _____

SCHOOL ATTENDED in 6th GRADE _____

Students are required to take 6 classes - Math, English, World History, 7th Grade Science, Physical Education, and one elective from the following list.

Check the English and Math courses you and your student feel are most appropriate **based on your assessment of his/her academic performance**. For more information, please refer to the Course Profiles located on the Counseling page of the Pacific Trails Middle School website: pt.sduhsd.net.

<p>English (please check one)</p> <p>_____ English 7</p> <p>_____ English 7 Honors</p>	<p>Math (please check one)</p> <p>_____ Integrated Math A</p> <p>_____ Integrated Math A Honors</p>	<p><input type="checkbox"/> Check if you would like a zero period. Interested students may have an opportunity to be scheduled periods 0-5.</p>
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Elective Selection



YEAR-LONG ELECTIVE COURSES

Rank your elective requests from the list below in order (1 through 4) with number 1 being your first choice.

- ____ Arts Explorations
- ____ Spanish 1
- ____ STEM Explorations
- ____ Vocal Performance

Application Required

- ____ Leadership
- ____ Yearbook

Music Intent Form required

- ____ Band
- ____ Orchestra

Check if you are a music student and plan to take Band or Orchestra while concurrently enrolled in ISPE

*** ISPE Application required and subject to district approval.**



Online Course Selection

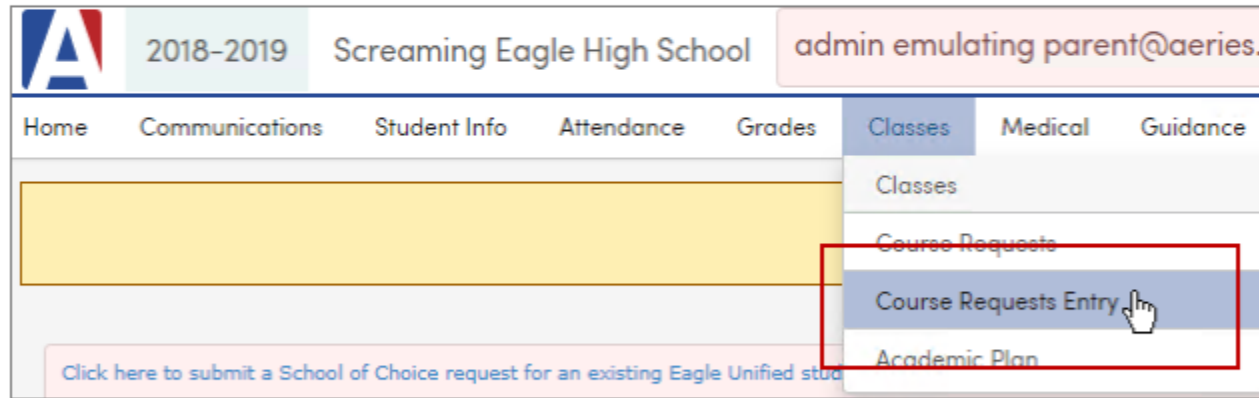
March 9-20



Online Course Selection Process

To submit your student's course selections for 2020-21, please follow these steps.

1. Log in to your Aeries parent portal with your parent account
2. Select Course Requests Entry. The Course Requests Entry page can be accessed from the **Classes** dropdown.



To request a course, locate the course from the **Filter Courses** menu. Click the **Course** hyperlink and click **OK** in the pop-up. See display below.



• Establish Connection • Develop Awareness • Take Responsibility • Extend your Reach!

SCHOOL-LIFE BALANCE

For Students

Establish Connection:

- Quality time with family and friends is directly related to your emotional well-being and builds trusting relationships.
- Connecting with trusted adults helps build communication skills and is tied to making healthy choices; two essential skills that help foster positive relationships.

Develop Awareness:

- Explore personal interests beginning in middle school; connect interests with the courses you select and extracurricular activities in which you choose to participate.
- Broaden post-high school plans to include multiple options related to education and career.
- Do not compare yourself to others; You are each unique and have your own interests and strengths.

Take Responsibility:

- Be responsible for choosing what school experience you want to have; it is not just about the end result, but also the journey along the way.
- Be mindful and choose courses wisely; time availability, interests, physical and emotional well-being should all be taken into consideration.

Extend your Reach!

- Communicate your needs and concerns and let others help you; by doing so you are building resources and a support system.
- Asking questions and listening can help broaden your perspective and toolbox of skills that lead to long-term success.

SCHOOL-LIFE BALANCE

For Parents

Establish Connection:

- Encourage time with family and friends to build student self-worth and emotional well-being.
- Model and teach self-advocacy (verbal communication) and self-care (healthy choices).

Develop Awareness:

- Encourage and support the exploration of personal interests; help to connect personal interests with courses, and extracurricular activities without pressure to do more than is manageable.
- Help to broaden post-high school plans with multiple options related to education and career.
- Do not compare your student to others; each student is unique and has their own interests and strengths.

Take Responsibility:

- Help students adjust when changes to time availability, interests, or physical and emotional well-being occur.
- Be mindful of student's school-life schedule; students should be challenged but not overwhelmed.

Extend your Reach!

- Keep lines of communication open with your student; ask questions and listen.
- Build your parenting support system by communicating with family, friends and utilizing resources at your student's school.

C
A
R
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K – 12TH GRADE (including transitional kindergarten)



GRADE	NUMBER OF DOSES REQUIRED OF EACH IMMUNIZATION ^{1, 2, 3}				
K-12 Admission	4 Polio⁴	5 DTaP⁵	3 Hep B⁶	2 MMR⁷	2 Varicella
(7th-12th)⁸	K-12 doses	+ 1 Tdap			
7th Grade Advancement^{9,10}		1 Tdap⁸			2 Varicella¹⁰

1. Requirements for K-12 admission also apply to transfer pupils.
2. Combination vaccines (e.g., MMRV) meet the requirements for individual component vaccines. Doses of DTP count towards the DTaP requirement.
3. Any vaccine administered four or fewer days prior to the minimum required age is valid.
4. Three doses of polio vaccine meet the requirement if one dose was given on or after the 4th birthday.
5. Four doses of DTaP meet the requirement if at least one dose was given on or after the 4th birthday. Three doses meet the requirement if at least one dose of Tdap, DTaP, or DTP vaccine was given on or after the 7th birthday (also meets the 7th-12th grade Tdap requirement. See fn. 8.)

6. For 7th grade admission, refer to Health and Safety Code section 120335, subdivision (c).
7. Two doses of measles, two doses of mumps, and one dose of rubella vaccine meet the requirement, separately or combined. Only doses administered on or after the 1st birthday meet the requirement.
8. For 7th-12th graders, at least one dose of pertussis-containing vaccine is required on or after the 7th birthday.
9. For children in ungraded schools, pupils 12 years and older are subject to the 7th grade advancement requirements.
10. The varicella requirement for seventh grade advancement expires after June 30, 2025.

DTaP/Tdap = diphtheria toxoid, tetanus toxoid, and acellular pertussis vaccine
 Hep B = hepatitis B vaccine
 MMR = measles, mumps, and rubella vaccine
 Varicella = chickenpox vaccine

Contact Jessica Roberts, PTMS Health Technician, with immunization questions

(858)509-1000 ext 4605 jessica_roberts@sduhsd.net



Very Important Dates



- February 10-21 - SDUHSD Enrollment Window
- February 10- April 3 – ISPE application window
- March 9- 20 –Online course selection window. Submit course contract to 6th grade teacher.
- March – April - Math Diagnostic testing (MDTP) in 6th grade classes
- April 27 - online registration for the Integrated Math B Honors Readiness Test (IMBHRT) opens
- May 4 and 6- IMBHRT @ PTMS (reserve a date on sduhsd.net)
- Early May - MDTP test results provided to parents with math placement recommendations
- Late May - IMBHRT test results provided to parents
- August 13 – Orientation/Readiness Day



Orientation/Readiness Day



August 13

Students:

- Fun-filled informative event that will make the transition to middle school a positive one
- Student tour and answer questions
- Students learn ways to be successful at PTMS

Parents:

- Join PTSA
- Support your child's social/emotional development
- Access to school resources online
- Support your child's academic success
- Learn about school safety
- Buy PE clothes and Yearbooks
- School business including back-to-school forms, Aeries Portal and Data Confirmation support

Have a Wonderful Evening!

